

2021-2022

# RANDOLPH

IN MOTION

## Winter

### ACTIVITIES GUIDE

ICE FISHING • MAPLE MAGIC  
• STUDENT PERSPECTIVE: THE BEST  
OF WINTER IN VT • AND MORE!



Serving the greater Randolph area

# Midwinter Light.



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**Above:** Late sun catches the snow on a Paul Calter sculpture at the Vermont Technical College campus in Randolph Center. Photo by Bob Eddy, courtesy of The White River Valley Herald.

**On the Cover:** Winterfest has become a beloved Randolph tradition for all ages. Plans are underway for Winterfest 2022, slated for Saturday, Feb. 26, at Farr's Hill, 24 Elm St. Photo courtesy of Perry Armstrong.



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*The following two stories were contributed by Samantha Holmberg and students in Randolph Union High School's Interact Program.*



**'We Serve'**

*Photo courtesy of RUHS.*

## Project Based Learning | Interact

### Helping our community and world receive kindness and justice

This year the diligent students of Interact classroom at Randolph Union High School have been working enthusiastically to make the community of Randolph a better place for all of us. We have planned and carried out many activities so far. They talked about bullying with seventh-grade students and added a new twist to it by

#### HIGH SCHOOL VOICES

asking if some of the students would want to share their experiences of being bullied or

offended by someone. This made their peers realize how consequential bullying can be, and the Interact students hope this will make them into better students and human beings. Moreover, they partnered with the Randolph Sunrise Rotary Club and attended a Stuff-a-Truck event at Shaw's. The students of the Interact classroom and members of the Sunrise Rotary Club worked together and filled a truck with food donations from various charitable members of the Randolph community for the Randolph Area Food Shelf. One other thing they have done is study recent world issues in-depth, such as cyberbullying, the effect of social media on teens, sexism, racism, domestic abuse and how it

affects children, along with some more fundamental issues.

Interact as a class wants to focus on more long-term projects. Instead of helping for a short time only, they would like to really help to make a better future. They want to achieve this through projects that they planned on climate change, gender identity and sexuality, pressure through society, self-expression, and more. Adding to that they would like to cooperate with the senior homes in town, because the seniors of our community often get forgotten. Because of the ongoing pandemic and to ensure the safety of our seniors, they decided to cook for them but they will be dropping off the meals and not eating with them. In addition to their bigger projects they have planned smaller projects like picking up trash in our parks and fundraising money for tree planting in areas affected by wildfires. One of the ways they will be raising money is screen printing T-shirts themselves and selling them. All the profits will go to charity organizations. They are looking forward to planning new projects in and with our community to hopefully contribute to a better living here in our wonderful town of Randolph. ■

# STUDENT PERSPECTIVE

## *Wintering in Randolph, Vermont*

Randolph is a small, rustic community in central Vermont. It has a population of under 5,000. After a beautiful fall foliage season, the town gets hit hard in the winter almost every year. We have long, cold and windy winters, usually with heavy snowfall. Many people here like to snowmobile on the trails that go all throughout the woods and mountains around the town.

The town has an ice skating rink, bowling alley, and disc golf course, as well as some cafes and pizza places. You can also stop by Chef's Market, a local, privately owned grocery store.

The town always hangs up decorations for winter holidays, like wreaths and Christmas lights.

A lot of things that people enjoy in the wintertime also include snowmobiling. We are very fortunate to have such beautiful, vast trails in our area in the winter. You can travel pretty much everywhere and see the pretty ice-glazed trees in the wintertime. Randolph is also a perfect small town to walk around in the winter. It has stores and restaurants for family and friends to gather and walk about for various activities. Another activity a lot of people enjoy is snowshoeing. In



*Photo courtesy of The White River Valley Herald.*

Randolph there is a park where you can walk about snowshoeing. You can even bring your dogs to prance around in the snow.

When we asked some different community members who attend Randolph Union High School what they enjoy doing in the winter, they responded with hockey. In Randolph we have a skating rink that in the summer is used for skateboarding, etc. But in the winter when it is open people love to go and skate with friends and family and also play

hockey games. The rink is also great for bringing your family together for a fun activity, or even bringing your girlfriend there for a fun skating date.

In conclusion, Randolph is a beautiful town located in Vermont, and even though it's little, it has lots of fun, enjoyable activities to participate in, all year around. So if you are looking for pretty views, and peaceful walks through a small snowy town, Randolph is the place for you! ■

## What We Like To Do in Winter

Randolph gets hit hard in the winter. We have long, cold and windy winters with heavy snow and many cups of hot cocoa. Many people here like to snowmobile. Some people like to ski or snowboard at some of the local ski mountains.

**Conor** (10th grade): *I dunno, playing hockey all winter. I play hockey every winter.*

**John** (10th grade): *Snowmobiling and work.*

**Ava**: *I like the nostalgia of winter. I like snowshoeing and cross-country skiing, and I like baking.*

**Eames** (7th grade): *Skiing. Yeah, I just like winter.*

**Kyle**: *Snowmobiling.*

**Henry**: *Hockey and skiing.*

**Sadie the Nurse**: *Snowshoeing, shoveling, sledding with kids.*

**Peter**: *Snowmobiling and ice fishing.*

**Chloe**: *Nothing. I like winter—I just don't do anything.*

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# IN THE KITCHEN

*Recipes courtesy of Bette Lambert of Sillway Maple*

## Maple/Pumpkin Challah Bread

4½ t. dry yeast  
 ¾ c. warm water  
 ¾ c. pumpkin  
 ¾ c. maple syrup  
 3 eggs  
 ¼ c. butter  
 1 T. salt  
 5 c. flour



Beat ingredients together to form a soft dough. Cover and let rise 45 min. Punch down, let rest 10 min., and form into a braid on a greased baking pan. Let rise 45 min., and bake in a preheated oven, 370 degrees, for 35 minutes.

I like to serve this with Maple Butter, recipe below.

## Maple Butter

1½ cups maple syrup, boiled to 234 degrees on a candy thermometer.  
 (Butter your finger and run around the top inner rim of your pan before boiling to help prohibit boil over.)



Pour hot syrup over ½ pound frozen butter, cut into chunks. Stir by hand or with mixer on slow speed until cool and creamy. Pour into jars and cover, store in refrigerator. This is a favorite Christmas gift.

When I was a little girl, a local restaurant served this with hot homemade rolls, at every meal. So easy, and so delicious, making an ordinary meal extraordinary!

## Maple Popcorn

Maple popcorn is quick and easy to make, and all you do is:

1. Boil 1 cup of maple syrup to 236 degrees. Run a little butter around the rim of your pan to keep it from boiling over.
2. Meanwhile, pop 10 cups of popcorn.
3. Add 3 tablespoons of butter to the syrup, and stir it into the popcorn. That's all!





*Bette Lambert provides a tour of Silloway Maple. Photo by Maryellen Apelquist.*

# LIQUID GOLD

*Silloway Maple satisfies our sweet tooth.*

One of Bette Lambert's earliest memories is of climbing up the wood piles next to her family's sugarhouse to reach the roof. Once at the top, she, about 3 or 4 years old, would lie with her face over the open cupola, letting the warm steam wash over her as her father, Paul Silloway, boiled maple sap below. Bette also recalls spending countless hours gathering sap with her two older brothers, David and Stuart, and boys from neighboring farms.

"It was a huge job when I was young, and great fun to ride on the gathering tank and work together," she says.

Today, Bette still can be found working the family business, now alongside

her own grown children, managing everything from candy-making to social media marketing. On the day of our visit, her daughter Marilyn makes maple sugar while Bette provides a tour of their operation. It's grown exponentially over the years.

"We tap 22,000 trees, and anticipate a crop of over 10,000 gallons of syrup," says Bette. "Every week we can syrup."

"My son Paul [Lambert] manages the woods. We used to average 350-500 gallons a year—it was a sideline to the dairy farm. About 10-15 years ago my son increased our production tremendously. We first jumped to 3,500 gallons a year and continued to grow to our current

11,000 gallons a year."

About nine years ago, Silloway Maple built the current sugarhouse to be ideal for agritourism, inviting local schools for field trips, which the family has always done, and intensifying their outreach to invite tourists to visit year-round, learn how syrup and other maple products are made, and sample the various grades.

"They can see us canning syrup or making candy or making sugar. See what we do and how we do it. We like to give people a personal tour, and invite them to walk out to the sugar woods and see the sap lines."

Boiling happens primarily in March,

*(Continued on Page 9)*

# A PLACE FOR CREATIVES



The White River Craft Center (WRCC) in the heart of Randolph is a community arts center offering a diverse range of programming and opportunities for all creatives. Our winter and spring calendar will soon be announced, in the meantime, here's a glimpse of what you can expect!

- Stained glass for all levels, day projects, introduction and advanced classes
- Mosaics with tesserae and glass materials
- Basket weaving with hand harvested bark
- Fiber arts including traditional weaving classes, and a new offering of Friday drop-in weaving studio, and rug-hooking workshops
- Printmaking, linoleum block prints, monoprints

## WHITE RIVER CRAFT CENTER

and collagraphs

- Photography for all levels, incorporating darkroom and digital processing
- Family programming, paint & sips, after-school drop-in art programming, and more!

We are always interested in community collaborations and receiving new program proposals. The WRCC also offers affordable art studio rentals along with a safe meeting venue for businesses and community members. Make sure to visit our website and follow us on social media for more information and upcoming announcements.

50 Randolph Ave.

[whiterivercraftcenter.org](http://whiterivercraftcenter.org)

(802) 728-8912 | Follow on [Facebook](#)

## Arts & Crafts

### Arts Bus

67 Main St.

[artsbusvt.org](http://artsbusvt.org)

(802) 265-0730 | Follow on [Facebook](#)

The Arts Bus is a traveling art and music studio, pop-up theatre, workshop, and library engaging children in the fun of creativity through free arts education.

### Black Meadow Gallery and Tattoo

18 Merchant's Row

[blackmeadowvt.com](http://blackmeadowvt.com)

(802) 417-4727 | Follow on [Facebook](#)

Offering tattoos by appointment.

### Chandler Center for the Arts

71 N. Main St.

[chandler-arts.org](http://chandler-arts.org)



(802) 728-9878 | Follow on [Facebook](#)

This historic performance venue offers a variety of programming. Universal masking and socially distanced seating for your safety.

### Third Branch Pottery

24 Pleasant St.

[thirdbranchpotterysupply.com](http://thirdbranchpotterysupply.com)

(802) 417-4727 | Follow on [Facebook](#)

An all-ages studio in which creativity and technique come together in fun.

# At the – Library



Kimball Library is currently closed to browsing but there are still MANY ways the library can help you! You can borrow books, board games, yoga mats, cake pans, snowshoes, DVDs, and more! A librarian can also meet you at the side door to help make copies or send a fax. There are also many book discussions, knitting circles, and other programs held over Zoom. Check [KimballLibrary.org](http://KimballLibrary.org) for more information, or call 802-728-5073. Librarians are in the building and happy to help (at the side door, under the awning) Mondays through Fridays 10 a.m. to 5:30 p.m. and Saturdays 10 a.m. to 1 p.m.

[KimballLibrary.org](http://KimballLibrary.org) | email [info@KimballLibrary.org](mailto:info@KimballLibrary.org)  
802-728-5073 | Follow on [Facebook](#) and [Instagram](#). ■

## MAPLE (Continued from Page 7)

and perhaps a little in late February and early April, says Bette, and takes on a communal, family-friendly vibe.

“During boiling we invite people to come in and sit above and watch. Pump fresh hot syrup right into your own container. Bring your own pancakes and we’ll put free hot syrup on them. Boiling has historically been a very special time for families to come in. We’re boiling for many, many hours. Families bring food for a couple of meals. We put steaks and hot dogs on to share.”

Before and after the maple feasting, visitors are welcome to expend some energy in the sugar woods.

“Come take a hike, bring your cross-county skis and snowshoes,” says Bette. “The trails aren’t formally marked but they are easy to see. Visitors are always welcome to come, especially during boiling but every time of year.”

The family usually has a woodfire going all winter, and visitors are welcome to gather in the open and airy sugarhouse for meetings or family reunions, day or night.

No visit to Silloway Maple is complete without a stop in the sugarhouse store, where, in addition to syrup and candy and creamies, one can buy a wide variety of items for gift-giving, including baskets specially curated for the holidays, end-of-year celebrations, customer appreciation, and birthdays. Their quality has earned Silloway Maple customers across the country, including commercial clients like Benito’s Hot Sauce, Southdown Coffee on Long Island, N.Y., and restaurants on Cape Cod, Mass., and in Brooklyn, N.Y.

“We are excited and proud” of these connections, says Bette, but “our favorite customer is somebody local who comes up and just wants a gallon of syrup.”

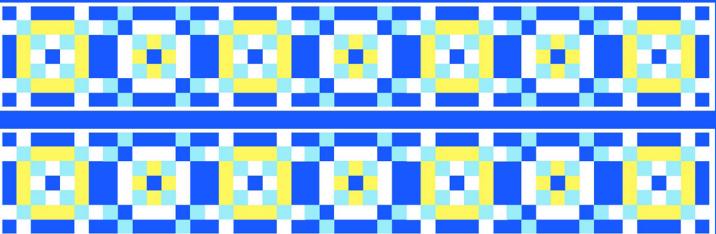
Silloway Maple is located at 1303 Boudro Road in Randolph Center, Vt. For more information, visit [sillowaymaple.com](http://sillowaymaple.com) or call 802-272-6249. ■

- Maryellen Apelquist

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| Follow on  
[Facebook](#)

**Serving:** Lunch & Dinner



## CHEF'S MARKET

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[chefsmarketvt.com](http://chefsmarketvt.com)

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Delicious and hearty portions  
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**Serving:** Breakfast & Lunch



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[huggablemugcafe.com](http://huggablemugcafe.com)

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**Serving:** Lunch & Dinner

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[onemaintg.com](http://onemaintg.com)

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**EDITOR'S NOTE** Please refer to each eatery's website or social media for current hours of operation as well as pandemic-related guidance.

bowling alley, making it a fun  
destination to play and dine.

**Serving:** Breakfast & Lunch

## RANDOLPH VILLAGE

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**Serving:** Lunch  
& Dinner



# FROM FAMILY PASTIME TO BAIT BIZ

When winter lasts as long as it does in Vermont it's imperative to embrace it and rejoice all of the opportunities it presents. My favorite winter pastime is ice fishing. Until a couple years ago, you had to travel an hour away to get to the closest bait and tackle shop, then Lauren Elmore opened Camp Brook Bait Shop in Bethel. I recently checked in with Lauren on the looming ice-fishing season and by the time we finished our conversation, I couldn't wait for the hardwater.

Lauren decided to open up Camp Brook Bait Shop two years ago when she was figuring out what to do during the off season from her seasonal flower farm job. Hearing the complaints of her father and other fishermen who were traveling an hour away to get bait, Lauren realized there was an opportunity.

I asked her how business has been. "People have been really encouraging and thankful for the business," she said.

Last year, during the pandemic, people were looking for things to do outside and Lauren had many new customers, and some who had not fished in decades came in and purchased new gear. For Lauren, though, it wasn't just about getting the sale, but educating the customer on the use of tackle, bait laws, and her first priority—the safety of every fisherman and woman.

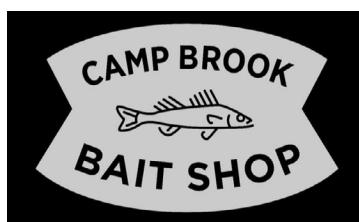
Lauren told me, "I ask every customer if they have safety gear and if they're going with someone so I know they are safe." I thought to myself, "Jeez, I've never been asked that before," and realized not every bait shop owner is the same and that I was lucky to have one so conscious of my safety.

There is one subject matter you will find Lauren hard-

pressed to discuss—the location of her favorite fishing spots, especially since they are also her father's favorite spots. The two of them have been fishing together ever since she was a kid and Lauren says, "I like to go fishing with my father when I don't have to work, and he still tries to tell me what to do."



Lauren Elmore, owner of Camp Brook Bait Shop. Courtesy photo.



At Camp Brook Bait Shop, Lauren provides the essentials for ice fishing, such as tip-ups, jig sticks, hooks, line, bait buckets, bubblers and everything in between, including portable shanties. Lauren's business is currently seasonal and scheduled to open in December when ice conditions start to firm up. You can expect to find a mixture of live bait from golden shiners of various sizes to worms and spikes. Lauren plans on opening up at 5:30 a.m. and closing at 6 p.m., but don't sleep in as Lauren said people were waiting at the door for her to open last season.

Lauren said people should follow her on Facebook or Instagram for the latest updates and hours of operation. We also talked about her favorite fish to keep and how she likes to prepare them: perch fillets breaded with flour and breadcrumbs, quintessential Vermont wintertime fare for those fishing the hardwater. Lauren mentioned she caught the biggest perch at

the Lonny Wade Memorial Ice Fishing Derby on Lake Morey last year, a 1.3-pound fish. So, I prodded her on a location on the lake and she smiled and pointed to a sign that hung on the wall. It read, "I will give you my father's fishing spot for \$1 million." We had a good laugh and I thanked her for providing services to anglers in our area and told her I was looking forward to her opening. ■

- Josh Jerome



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# SHOP *downtown* RANDOLPH

**Editor's Note:** Please refer to business websites and/or social media for current hours of operation as well as pandemic-related guidance.

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[chefsmarketvt.com](http://chefsmarketvt.com)

(802) 728-4202 | Follow on [Facebook](#)

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[huggablemugcafe.com](http://huggablemugcafe.com)

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In addition to tasty coffee and baked goods, the café displays locally made artisanal pottery available for purchase.

## New Moon on Main

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(802) 728-4321 | Follow on [Facebook](#)

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## Red Door Jewelers

2 South Main St.

[reddoorjewelers.com](http://reddoorjewelers.com)

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(802) 728-4116 | Follow on [Facebook](#)

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[montaguegolf.com](http://montaguegolf.com)

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MONTAGUE  
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**RASTA**

16 Pleasant St.

[rastavt.org](http://rastavt.org)

Follow on [Facebook](#)

Rochester/Randolph Sports Trail Alliance works to maintain and expand trails for outdoor enthusiasts.

**True Center Yoga**

[truecenteryoga.com](http://truecenteryoga.com)

(802) 356-4956 | Follow on [Facebook](#)

Offering an online yoga studio as well as an in-person, outdoor experience (weather-permitting). Schedule available online.

**Valley Bowl**

12 Prince St., Suite 5

[valleybowlvermont.com](http://valleybowlvermont.com)

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Stowe Farmer's Markets*



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**FRANKENBURG AGENCY**  
**INSURANCE**  
**ci**

Personal, Business, and Farm Insurance

[frankenburgagency.com](http://frankenburgagency.com)  
802.728.9158  
35 N. Main St., P.O. Box 456, Randolph, VT



## Healthier Together...

Caring for our community with high-quality, family-friendly services close to home.

Our team offers a full range of services from primary and specialty health care to award-winning senior living options. Gifford is here for your whole family – from birth until end of life.

<b>Our Randolph-based services:</b>	<b>Gifford Medical Center</b> ..... 728-7000	<b>Gifford Specialty Care</b> ..... 728-2430
	<b>Gifford Ob/Gyn &amp; Midwifery</b> ..... 728-2401	<b>Kingwood Health Center</b> ..... 728-7100
	<b>Gifford Pediatrics</b> ..... 728-2420	<b>Menig Nursing Home</b> ..... 728-7800
	<b>Gifford Primary Care</b> ..... 728-2445	<b>Strode Independent Living</b> ..... 728-7888



# HOMETOWN Services

## EVENTS

### Rain or Shine Tent and Events

Company   
14 Hull St.

[rainorshinevt.com](http://rainorshinevt.com)  
(802) 728-3630 | [Facebook](#)

## HEALTH CARE / WELLNESS

### Fostering Wellness Randolph

45 S. Main St.  
[fosteringwellness.net](http://fosteringwellness.net)  
(802) 728-5159 | [Facebook](#)



### Gifford Health Care

44 South Main St.  
[giffordhealthcare.org](http://giffordhealthcare.org)  
(802) 728-7000 | [Facebook](#)

### Heartwise, LLC

2 South Main St., Suite 9  
(802) 345-3332

John R. Lansky, DDS  
9 School St.  
(802) 728-3008

Massage Professionals  
of Randolph  
4 Summer St.  
[massageofrandolph.com](http://massageofrandolph.com)  
(802) 728-5565 | [Facebook](#)

Massage Therapy Studio  
42 Weston St.  
(802) 728-4800

## FINANCIAL / INSURANCE

### Bar Harbor Bank & Trust

21 North Main St.  
(802) 728-9611

Edward Jones  
[edwardjones.com](http://edwardjones.com)

Leo V. Connolly  
47 VT Route 66  
(802) 728-4602  
Brandon M. Gorman  
2 Park St., Suite 2

(802) 565-8279

### Northfield Savings Bank

2 North Main St.  
(802) 728-4837

### Frankenburg Agency

35 North Main St.  
  
[frankenburgagency.com](http://frankenburgagency.com)  
(802) 728-9158 | [Facebook](#)

### Kinney Pike Insurance

42 Meadow Lane  
[kinneypike.com](http://kinneypike.com)  
(802) 728-4434 | [Facebook](#)

## LEGAL

### DiNicola Law, PLC

2 S. Main St., Suite 2  
[dinicolahlawplc.com](http://dinicolahlawplc.com)  
(802) 565-8140



### Annette Higby, Attorney

31 VT Route 66  
(802) 728-7061

### Law Offices of

Richard Burstein  
30 South Main St.  
(802) 728-3355

## REAL ESTATE

### Dennis Brown, Realty

PO Box 55  
[dbrealty@comcast.net](mailto:dbrealty@comcast.net)  
(802) 728-5518

### Rural Vermont Real Estate

22 N. Main St., Suite 1  
[ruralvtrealestate.com](http://ruralvtrealestate.com)  
(802) 728-6200



### Vermont Heritage Real Estate

10 S. Main St.,  
PO Box 289  
[vtheritagerealestate.com](http://vtheritagerealestate.com)  
(802) 728-9800 | [Facebook](#)

## SALONS AND BARBER SHOPS

Armand's  
8 South Main St.  
(802) 728-5965 | [Facebook](#)

Ken's Barber Shop  
33 North Main St.  
(802) 728-5867 | [Facebook](#)

### Holiday Beauty Salon

33 North Main St.  
(802) 728-3839

Station Break  
26 North Main St.  
(802) 728-4210

Suz Li'l Hair Shop  
26 North Main St.  
(802) 989-6432 | [Facebook](#)

TJ Styles  
29 School St.  
(802) 728-4041

## TECHNOLOGY

Applied Research Associates  
(ARA)/Vertek  
250 Beanville Road  
[ara.com](http://ara.com)  
(802) 728-4588 | [Facebook](#)

### Vermont Computing Cooperative

23 Merchants Row  
[vtcc.coop](http://vtcc.coop)  
(802) 728-9217 | [Facebook](#)

## VETERINARY CARE

Randolph Regional  
Veterinary Hospital  
86 Dylan Drive  
[randolphregionalvet.com](http://randolphregionalvet.com)  
(802) 728-3505 | [Facebook](#)

Randolph Animal Hospital  
1145 VT Route 66  
[randolphanimalhospital.net](http://randolphanimalhospital.net)  
(802) 728-3266 | [Facebook](#)



A statue of a mother with child outside Gifford Medical Center. Photo courtesy of Tim Calabro of The White River Valley Herald.

## OTHER

April Doolen Solutions  
2 S. Main St., Suite 7  
(802) 431-3415

Green Valley Memorials  
572 VT Route 12 South  
[green-valley-memorials.business.site](http://green-valley-memorials.business.site)  
(802) 728-5002

Howling Wolf Farm  
209 Tilton Road  
[howlingwolffarm.com](http://howlingwolffarm.com)  
(802) 535-7606 | [Facebook](#)

Vermont Glove  
18 Pearl Street  
[vermontglove.com](http://vermontglove.com)  
(802) 728-9160 | [Facebook](#)



White River Valley  
Chamber of Commerce  
31 VT Route 66, Suite 1  
[whiterivervalleychamber.com](http://whiterivervalleychamber.com)  
(802) 728-9027 | [Facebook](#)



## RANDOLPH IN MOTION

Developed by the Randolph Economic Development Council with support from the Town of Randolph. Design and Production Services provided by Maryellen Apelquist of [MEA Communications](#).

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